

June 2007



Airman and Family Readiness Center (A&FRC)

Consolidated Support Building 20245, Suite 126

Please call 846-0741/0751 to register for classes or an appointment.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 <i>Spouse Appreciation Day</i> @ Mountain View Club 10:00 a.m. - 3:00 p.m.	2
<i>Preseparation Briefing: Mandatory for all separating & retiring military personnel NLT 90 days prior to date of separation or retirement. Available as a group briefing or an individual appointment.</i> <i>Deployment Briefing: Monday, Wednesday and Friday at 10:00 a.m. and 2:00 p.m. or by appointment for special needs.</i> <i>Visit the Resource Center equipped with 6 computers, phone & FAX.</i>						
3	4	5 <i>VA Benefits and Entitlements (Room 120)</i> 8:30 - 10:30 a.m. <i>DTAP Workshop (Room 120)</i> 10:30 a.m. - 12:00 (noon)	6 <i>NM DOL Transition Assistance Seminar (Room 120)</i> 8:00 a.m. - 4:00 p.m. <i>Hearts Apart Meeting (including a tour of Fire Department)</i> 11:00 a.m. - 1:00 p.m.	7 <i>NM DOL Transition Assistance Seminar (Room 120)</i> 8:00 a.m. - 4:00 p.m. <i>Investing and Planning for Your Future</i> 9:00 - 11:00 a.m.	8 <i>NM DOL Transition Assistance Seminar (Room 120)</i> 8:00 a.m. - 12:00 p.m. <i>Job Fair @ AAFES</i> 10:00 a.m. - 2:00 p.m.	9
10	11 <i>FUNTIME!</i> 10:30 - 11:45 a.m.	12 <i>Retiree Group Briefing</i> 9:00 - 10:30 a.m.	13 <i>Federal Employment Assistance</i> 1:30 - 3:30 p.m. 	14	15 <i>Budget 101</i> 10:00 - 11:00 a.m. 	16
17	18 <i>Healthy Marriages - Sex and Intimacy</i> 11:30 a.m. - 12:45 p.m.	19 <i>Separatee Group Briefing</i> 9:00 - 10:30 a.m.	20	21 <i>377 ABW Training Day</i> 	22	23
24	25 <i>FUNTIME!</i> 10:30 - 11:45 a.m. <i>Key Spouse Meeting</i> 1:00 - 2:30 p.m.	26	27 <i>Albuquerque Welcome Tour</i> 8:00 a.m. - 2:30 p.m. 	28	29	30



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Albuquerque Welcome Tour June 27, 8:00 a.m.-2:30 p.m.	Provides newly arrived personnel AND their family members with a windshield tour of Kirtland AFB and Albuquerque, including historic Old-Town, museums, shopping, Sandia Peak Tramway and more. Bring money for lunch and souvenirs.
Budget 101 - June 15, 10:00-11:00 a.m.	Are you in control of your spending or is your spending controlling you? Learn how to establish and maintain a realistic budget.
DTAP Workshop June 5, 10:30 a.m.-12:00 p.m. (Room 120)	DTAP (Disabled Transition Assistance Program) is for separating and retiring members who have or believe they have one or more medical conditions which may qualify them for VA Disability. Learn how to apply for disability paperwork, Benefit Delivery at Discharge (BDD) and the Vocational Rehabilitation Program.
FUNTIME! June 11 & 25, 10:30-11:45 a.m.	A fun and educational playgroup for parents and preschoolers offering varied activities such as singing, dancing, listening to stories, and arts & crafts to strengthen parent-child bonds.
Federal Employment Assistance June 13, from 1:30-3:30 p.m.	Civilian Personnel Flight representative provides information and guidance on locating and applying for federal job vacancies.
Healthy Marriages – Sex and Intimacy June 18, 11:30 a.m.-12:45 p.m.	Can you have a sexual relationship without intimacy? How do you communicate your sexual desires and needs? What is your “sex” language? Recognizing the difference between sexuality, sensuality, and intimacy. Explore the barriers of relationship conflict and anxiety. Learn how to keep romance in your marriage.
Hearts Apart Meeting - (including a Fire Department Tour) June 6, 11:00 a.m.-1:00 p.m.	Hearts Apart families will meet at the A&FRC and walk to the Fire Department for a tour and learn about summer safety. Lunch will be provided after the tour. Open to all who have a deployed service member.
Job Fair @ AAFES June 8, 10:00 a.m. – 2:00 p.m.	Participating employers include: AAFES, AFLAC, Akal Security, Albuquerque Public Schools, Autozone, Bernalillo County Sheriff’s Department, Chickasaw Nation Industries, Comforce Technical Services, Home Depot, Hyatt Regency Albuquerque Hotel, Los Alamos National Lab, NM Corrections Department, Sento Corporation, Staffing Solutions and Victoria Secret Direct.
Key Spouse Meeting June 25, 1:00 – 2:30 p.m.	Key spouses are from participating units providing an informal link between unit leadership and existing formalized assistance programs.
NM Department of Labor Transition Assistance Seminar June 6-7, from 8:00 a.m. - 4:00 p.m. & June 8, from 8:00 a.m.-12:00 p.m. (Room 120)	This employment workshop is designed to prepare military members and their families for the transition from military to civilian life. Topics covered include skills assessment, transferable skills, job search, resume writing, job interviewing, and more. Civilian attire is highly encouraged.
Mandatory Pre-separation Briefing Retiree Group Briefing June 12, 9:00-10:30 a.m. Separatee Group Briefing June 19, 9:00-10:30 a.m.	This highly informative briefing covers a wide range of benefits and services available to transitioning military personnel and their families. Members can choose to participate in the monthly group briefing or schedule an individual appointment . During the briefing the DD Form 2648, “Preseparation Counseling Checklist” (which is required for final out-processing) is completed. This briefing is mandatory for all separating and retiring military members no later than 90 days prior to separation or retirement. Spouses are encouraged to attend. Provided for all branches of service - Active Duty, Reserve and Guard.
Investing and Planning for Your Future - June 7, 9:00-11:00 a.m.	Many people underestimate how much money they will need to retire. Learn about some sound financial strategies you can use to help improve your chances of funding a comfortable retirement. Presented by Kirtland Federal Credit Union.
VA Benefits and Entitlement June 5, 8:30-10:30 a.m. (Room 120)	If you are transitioning from the military to civilian life and want to know more about VA benefits, this briefing by VA personnel will provide you with valuable information.